



# CATERING MENU

Mill & Press gourmet catering and 'in office' solutions, exclusive to Black River Park.  
Orders to be placed via email: [info@millandpress.co.za](mailto:info@millandpress.co.za) latest 36 hours in advance.

FOR ANY QUERIES PLEASE CALL **021 000 3269**

Takeaway packaging / Crockery and Cutlery Hire will be charged additionally on request.



## Platters

(All platters serve +/- 8 people as a snack unless priced individually)

### Breakfast:

#### Fruit Skewers **\_R27 each**

Seasonal fresh fruit skewers served with a yoghurt dip

#### Fruit Parfait **\_R55 each**

Layered with Greek yoghurt, fresh fruit, nutty granola, mint, drizzled with honey

#### Mini Bacon & Egg Rolls **\_R38 each**

Bacon, fried egg & chipotle mayo served on cocktail buns

#### Mini Bagels **\_R53/R43 each**

Assorted whole wheat bagels - Smoked salmon & crème fraiche / Chicken mayo / Ham, Cheese & tomato

#### Assorted Muffins & Croissants **\_R495**

Freshly baked croissants with jam & cheese, assorted muffins & fresh strawberries (16 pieces + extras)

## Bread Platters (Serves 8)

#### Sandwich Platter **\_R415** (8 assorted sandwiches, cut into quarters)

Assorted with Chicken mayo (3), Mozzarella, tomato & pesto (2), Ham, cheese, tomato & aioli (3)

#### Wrap Platter **\_R680** (8 assorted wraps, cut in halves) (Gluten-free wraps available on request)

- Toasted Asian wraps with grilled chicken, carrots, cucumbers, pickled cabbage, sweet chilli paste (4)
- Toasted 'Rasta' wraps with roasted butternut, peppers, red onion, danish feta, pesto, seeds, baby spinach (4) V

#### Bagel Platter **\_R525** (8 assorted bagels, cut into halves)

- Chicken mayo with pickled red onion, cucumber & rocket (3)
- Grilled aubergine with herb pesto, mozzarella, roasted peppers & aioli (2) V
- Rare roast beef with mustard, tomato, cheese & baby spinach (3)

#### Gourmet Sub Platter **\_R670** (8 toasted ciabatta sandwiches, cut in half)

- Grilled chicken, chipotle mayo, tomato, roasted peppers, mozzarella (3)
- Pesto, roasted tomatoes, aubergine, mozzarella, basil (2)
- Braised beef, pickled onions, rocket & cheddar cheese (3)

#### Slider Platter **\_R675** (served on mini sesame seed buns)

- Fried chicken burgers with chipotle mayo, tomato & greens (8)
- Beef burgers with pickles, aioli & tomato (8)

#### Crostini Snack Platter **\_R515** (24 pieces served on toasted baguette slices)

- Roasted beef sirloin, tomato chilli chutney, carrot ribbons, & herbs (8)
- Fresh tomato, pesto, mozzarella & fresh basil (8)
- Smoked salmon trout, cherry tomatoes, cream cheese, parsley & lemon (8)

#### Whole Quiche **\_R225/255 Veg/Meat** (6 large slices)

- Roasted butternut, zucchini, caramelized onion, feta, baby spinach (V)
- Bacon, mushroom, cheddar cheese, tomato

## Pastry Platter

Select individually:

- Apple/Custard Danish Lrg\_ R28
- Apple/Custard Danish mini\_ R14
- Assorted Jumbo Muffins\_ R25
- Choc pecan Brownie\_ R24
- Cheesecake Rounds\_ R34
- Chelsea Bun Lrg\_ R28
- Plain Croissants\_ R38
- Assorted Mini Tarts\_ R19
- Scones\_ R14

## Gourmet Platters

### **Finger Fusion Snack Platter\_ R745** (36 Pieces)

- Selection of crispy chicken & vegetarian spring rolls served with a sweet chilli dipping sauce (10)
- Samosas with Chicken & Vegetarian (10)
- Fresh vegetarian Vietnamese rice paper rolls with nam jim dipping sauce (8)
- Quesadilla slices with mexican spiced chicken, mozzarella, diced tomato, lime dressing, coriander, chipotle dip (8)

### **'Meaty Feast' Platter\_ R750**

- Grilled chicken satays with peanut dipping sauce (8)
- Beef Frikkadels with aioli dip (8)
- Crispy chicken strips with a chipotle mayo dip (16)
- Grilled chicken winglets (16)
- Beef Droëwors (250g)

### **'Very Veggie' Platter\_ R585**

- Falafel balls with spicy mayo dipping sauce (16)
- Carrot and cucumber sticks with beetroot hummus
- Marinated grilled aubergine and roasted peppers
- Toasted pita triangles with tzatziki (8)
- Herbed feta with semi dried tomatoes
- Kalamata olives

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## 'Family-Style' Sharing meals

(Price per head. Minimum order 6 Pax)

### **Mediterranean Chicken\_ R96**/head

- Grilled Chicken quarters, roasted vegetables, herbed yoghurt dressing with a rocket & feta salad

### **Gremolata Chicken\_ R92**/head

- Marinated grilled chicken breasts served with steamed broccoli, toasted almonds & buttered new potatoes

### **Butter Chicken Curry\_ R105**/head

- Creamy curry with boneless chicken, basmati rice, sambles, cucumber raita & fresh coriander

### **Fried Chicken Schnitzel\_ R96**/head

- Crumbed schnitzel served with potato wedges & a seasonal side salad

### **Large 8 portion bakes\_ R598 each**

- Homemade Chicken & Mushroom Pie
- Roasted Vegetable & Feta Pie
- Aubergine Melanzane (V)
- Beef Lasagne
- Vegetarian Lasagne
- Chicken Enchilada bake

## Sharing Side Salads (Serves 8/10)

### **Crunchy Asian Salad\_ R330**

- Pickled cabbage, fresh carrots, cucumber, tomatoes, bean sprouts, mint, coriander, roasted peanuts, nam jim dressing.

### **Grilled Broccoli & Quinoa Salad\_ R445**

- Red & white quinoa with herb pesto, rosa tomatoes, baby spinach, broccoli, feta & toasted seeds.

### **Roasted Butternut Salad\_ R420**

- Butternut, sweet potato, greens, feta, pumpkin seeds, honey mustard dressing.

### **Super Green Salad\_ R398**

- Baby spinach, rocket, grilled zucchini, cucumber, peas, herbs, green pepper, toasted almonds.

### **Traditional Greek Salad\_ R425**

- Olives, tomato, cucumber, red onion, feta, green pepper.



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## Drinks, Snacks & More

We offer a range of fresh pressed juices, smoothies, POPCO Ice creams, cold drinks, waters, chocolates, chips, popcorn, biscuits and healthy snack items. We can also put together custom gift hampers with delicious deli treats for birthdays, meetings, events & corporate gifting. Please contact [info@millandpress.co.za](mailto:info@millandpress.co.za) with your requirements.